

*Good*



*Friday Worship*

## THE MINISTRY OF THE WORD

*The ministers enter in silence. All kneel for a time of silent prayer.*

*The Priest stands and says The Collect*

### **HYMN**

#### **The Old Testament Reading:**

*At the conclusion of the reading the following may be said*

This is the word of the Lord.

**Thanks be to God.**

#### **Psalm 22**

My God my God why have you forsaken me:

Why are you so far from helping me  
and from the words of my groaning?

My God, I cry to you by day, but you do not answer:  
and by night also I take no rest.

**By his wounds we have been healed.**

But you continue holy:

you that are the praise of Israel.

In you our forebears trusted:

they trusted and you delivered them;

**By his wounds we have been healed.**

To you they cried and they were saved:

they put their trust in you and were not confounded.

But as for me I am a worm and no man:

the scorn of all and despised by the people.

**By his wounds we have been healed.**

Those that see me laugh me to scorn:

they shoot out their lips at me and wag their heads, saying,

'He trusted in the Lord - let him deliver him:

let him deliver him, if he delights in him.'

**By his wounds we have been healed.**

But you are he that took me out of the womb:

that brought me to lie at peace on my mother's breasts.

On you have I been cast since my birth:

you are my God, even from my mother's womb.

**By his wounds we have been healed.**

O go not from me, for trouble is hard at hand:

and there is none to help.

Many oxen surround me:

fat bulls of Bashan close me in on every side.

**By his wounds we have been healed.**

They gape wide their mouths at me:  
like lions that roar and rend.  
I am poured out like water, all my bones are out of joint:  
my heart within my breasts is like melting wax.

**By his wounds we have been healed.**

My mouth is dried up like a potsherd:  
and my tongue clings to my gums.  
My hands and my feet are withered:  
and you lay me in the dust of death.

**By his wounds we have been healed.**

For many dogs are come about me:  
and a band of evildoers hem me in.  
I can count all my bones:  
they stand staring and gazing upon me.

**By his wounds we have been healed.**

They part their garments among them:  
and cast lots for my clothing.  
O Lord, do not stand far off:  
you are my helper, hasten to my aid.

**By his wounds we have been healed.**

Deliver my body from the sword:  
my life from the power of the dogs.  
O save me from the lion's mouth:  
and my afflicted soul from the horns of the wild oxen.

**By his wounds we have been healed.**

### **The New Testament Reading**

This is the word of the Lord.

**Thanks be to God.**

### **HYMN**

#### THE PASSION GOSPEL ACCORDING TO JOHN

Here the passion of our Lord Jesus Christ according to John

*At the conclusion of the reading the following may be said*

This is the Passion of the Lord.

**Praise to you Lord Jesus Christ.**

#### THE SERMON

## THE PROCLAMATION OF THE CROSS

*A wooden cross is placed in the sight of the people within the church.  
Appropriate devotions follow.*

### Anthem 1

We glory in your cross, O Lord,

**and praise you for your mighty resurrection;  
for by virtue of your cross  
joy has come into our world.**

God be gracious to us and bless us:  
and make his face to shine upon us,  
Let your ways be made known on earth:  
your liberating power among all nations.  
Let the peoples praise you, O God:  
let all the peoples praise you.

**We glory in your cross, O Lord,  
and praise you for your mighty resurrection;  
for by virtue of your cross  
joy has come into our world.**

*Silence*

*An action of recognition is performed.*

### Anthem 2

**We adore you, O Christ, and we bless you,  
because by your holy cross you have  
redeemed the world.**

Christ was manifested in the body,  
vindicated in the spirit,  
seen by the angels,  
proclaimed among the nations,  
believed in throughout the world,  
glorified in high heaven.

**We adore you, O Christ, and we bless you,  
because by your holy cross you have  
redeemed the world.**

*Silence*

### HYMN

## THE INTERCESSIONS

*The Priest introduces the prayers.*

God sent his Son into the world, not to condemn the world, but that the world might be saved through him.  
Therefore we pray to our heavenly Father for people everywhere according to their needs.

*The intercessions follow the form below.*

Father on this day your Son was crucified on the cross,  
Simon from Cyrene was forced to carry the cross for your Son.  
Give us grace willingly to lift heavy loads from those we meet  
and to stand with those condemned to die.  
Lord hear us:

**Lord, graciously hear us.**

Your Son watched the soldiers gamble to share his clothes.  
Look with forgiveness  
on those whose hearts are hardened by their work,  
and those who know not what they do.  
Lord hear us:

**Lord, graciously hear us.**

The thief looked for the coming of the kingdom,  
and heard Christ say, 'Today you shall be with me.'  
Give pardon and hope, healing and peace  
to all who look death in the face.  
Lord hear us:

**Lord, graciously hear us.**

In Mary and John your Son created a new family at the cross.  
Fill us with your love,  
and give all your children a secure hope for the future.  
Lord hear us:

**Lord, graciously hear us.**

The centurion was astonished to recognise your Son in the crucified Messiah.  
Open the eyes of those who do not know you  
to grasp in your Son the meaning of life and death.  
Lord hear us:

**Lord, graciously hear us.**

Nicodemus came to take your Son's body away.  
Give hope and faith to the dying and bereaved,  
gentleness to those who minister to them,  
and courage to those whose faith is secret.  
Lord hear us:

**Lord, graciously hear us.**

Simon and Nicodemus, Mary and John  
were drawn into the life of your church in Jerusalem.  
Bring your Church today a varied company of people,  
to walk with Christ in the way of his passion,  
and to find your salvation in the victory of his cross.

Lord of the Church:  
hear our prayer,  
and make us one in heart and mind  
to serve you with joy for ever. Amen.

## THE MINISTRY OF THE SACRAMENT

### HYMN

*If Holy Communion is to be distributed the consecrated elements are placed on the holy table in silence.*

*The Lord's Prayer is said*

As our Saviour Christ has taught us we are confident to pray,

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil,**

**For the kingdom, the power,**

**and the glory are yours now and forever. Amen.**

**Jesus, Lamb of God: have mercy on us.**

**Jesus, bearer of our sins: have mercy on us.**

**Jesus, redeemer of the world: grant us your peace.**

*Before the distribution the Priest says.*

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you.

Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

Jesus is the Lamb of God

who takes away the sins of the world.

Happy are they who are called to the Lord's supper,

**Lord, I am not worthy to receive you,**

**but only say the word and I shall be healed.**

*The service concludes with the following prayer.*

*No blessing or dismissal is added.*

Most merciful God,

who by the death and resurrection of your Son Jesus Christ delivered and saved humankind:

grant that by faith in him who suffered on the cross,

we may triumph in the power of his victory;

through Jesus Christ our Lord. Amen.

*All depart in silence.*



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